

Intro to 3-mfds \approx [Lecture 6 2021-02-24]
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- Last time:
- Triangulations
 - Normal surfaces
 - I-bundles
 - Hecke-Kneser finiteness. \otimes

\otimes Remark HK finiteness gives an upper bound but does not give examples (at least not obviously)

Sphere Theorem: Suppose $\pi_2(M) \neq \mathbb{1}$. Then, for any triangulation K of M , (M, K) contains a emb. normal essential two-sphere.

\textcircled{I} Existence of connect sum decomp:

Theorem: Fix M (cpt, conn) three-mfd. Then there is a constant $k(M)$ so that if S is an indep sys. of two spheres then $|S| \leq k(M)$.

Proof: Fix K a triangulation of M with t tetrahedra. If S is indep. then there is some S' normal indep system with $|S'| = |S|$.

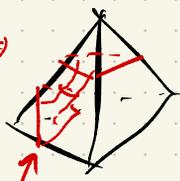
Thus $k(M) \leq 20t$ by HK finiteness.

Fix the indep sys S . Isotope S to be transverse to K . No component of S lies inside any Δ^3 . Here are our complexities (in order of importance)

(1) $w_t(S) = \text{weight of } S = |S \cap K^{(1)}|$

(2) $lp(S) = \text{loops of } S \text{ in faces of } K^{(2)}$

(3) $nd(S) = \text{non-disks of } S$
 $= \text{sum of (neg. Euler char)}^{(+1)}$
 $\text{of non-disk components of } \chi_\Delta^{-1}(S)$



(*) Better def: number of boundary components minus one. This has correct sub-additivity.

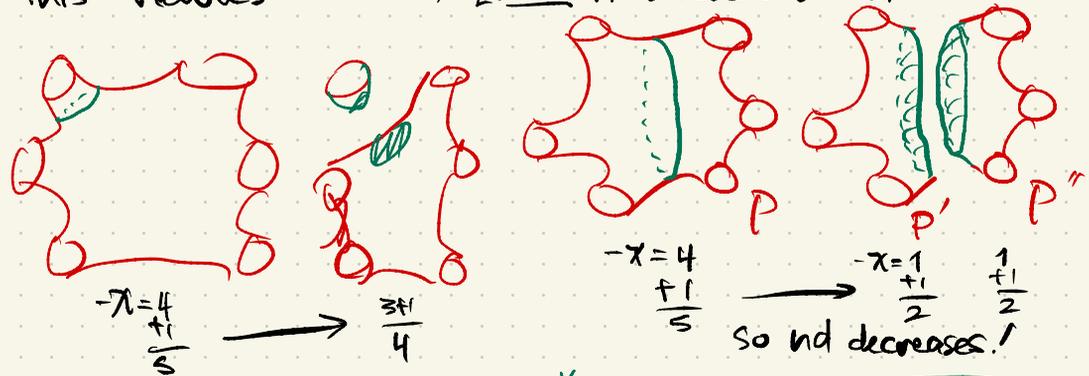


Planar subgraph of S .

Note: If $lp(S)$ or $nd(S) > 0$ then S is not normal.

(3) Suppose $nd(S) > 0$. Let $P \subset \chi_\Delta^{-1}(S)$ be the offending component.

Exercise: There is a disk surgery of P in Δ . This reduces $nd(S)$ [Hint: Alexander's Trick]

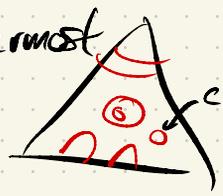


Question: why doesn't w_t or lp increase?

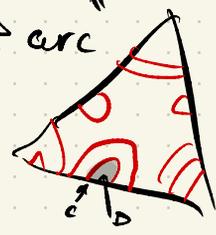
Answer: The surgery is inside Δ .

Note: by Lemma 2.6 after disk surgery and deleting a sphere (if necessary) we have a new system S' . Thus we may assume $\chi_\Delta^{-1}(S)$ is a coll. of disks.

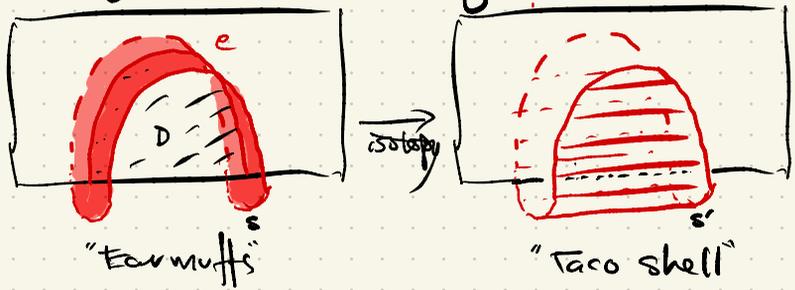
(2) Suppose $lp(S) > 0$. Pick an innermost loop $C \subset \Delta^2$ some face of K . So C bounds a surgery disk $D \subset \Delta^2$ and done as above.



(1) Suppose some face Δ^2 has a "bent arc". Let C be an outermost bent arc. Let D be the disk (bigon) cut out of Δ^2 by C . We perform an ambient isotopy on S , moving C across D .



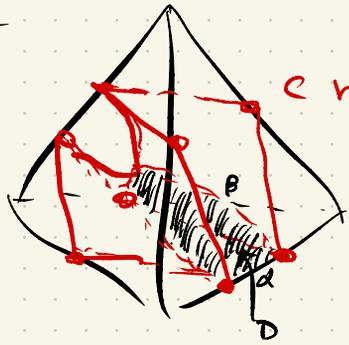
Picture



$wt(S') = wt(S) - 2$.

This gets rid of all bent arcs. Finally suppose that some component C of $\underline{S \cap \partial \Delta^3}$ has length at least five.

Picture



C normal curve.

↑ that is look at $\chi_{\Delta^3}^{-1}(S) \cap \partial \Delta$.

Exercise: Thus C meets some edge of Δ^3 at least twice. This gives a baseball move as above.

Conclude: We find a indep sys. S' with $|S'| = |S|$ and S' has no long normal curves, no heart arcs, no loops, no non-disks.

Thus S' is normal. //

Corollary: Suppose M cpt conn. Then M has a decomp $M \cong \#_{i=1}^k M_i$ as a finite conn. sum of prime manifolds.

Question: But disk surgery increases the # of spheres by one?

Answer: Yes, so we throw one of them away.

II Uniqueness:

Theorem 3.4: Suppose M is closed, conn, oriented.

Suppose $M \cong \#_{i=1}^k M_i \cong \#_{j=1}^l N_j$, with all M_i, N_j prime and not S^3 . Then $k=l$ and

(after reordering) $M_i \cong N_j$ for all i .

(orient preserving homeo)

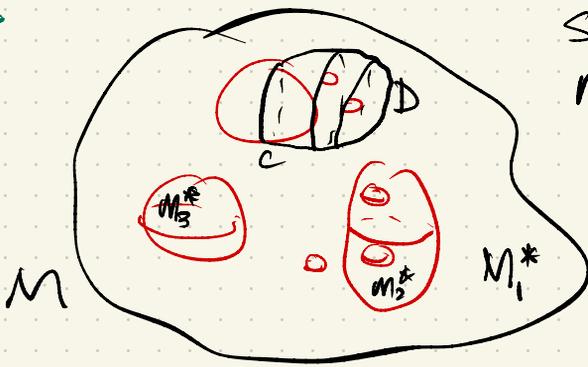
Proof: Suppose all spheres in M separate (so all M_i, N_j are irred, no copies of $S^1 \times S^2$)

Suppose $S \subset M$ realises the first decomp $M \cong \# M_i$

Suppose $\Sigma \subset M$ is a two sphere cutting of $N_1^* \cong N_1 - \partial^3$
Isotope S to be transverse to Σ .

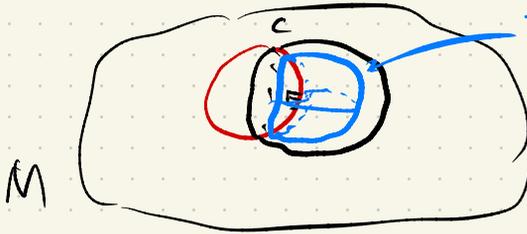
Case 1: $S \cap \Sigma \neq \emptyset$. So pick $C = S \cap \Sigma$ innermost in Σ . Let $D \subset \Sigma$ be the disk bounded by C .

Cartoon :



So D lies in M_1^* (after renumbering.)
 Note that c bounds a pair of disks

Pick one of those say E . So $D \cup E$ bounds a punctured B^3 in M_1^* . [M_1 is irred]



Thus we may surger S along D and get new system

S' that still realizes $M \cong \# M_i$ and

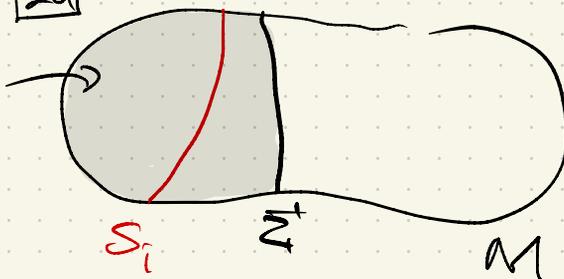
$$|S' \cap \Sigma| < |S \cap \Sigma|.$$

Case 2: $S \cap \Sigma = \emptyset$.

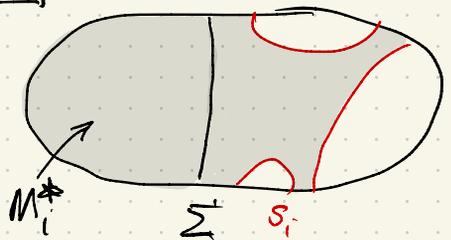
Case 2a Some component $S_i \subset S$ lies in N_i^* .
 Since N_i is irred, S_i is parallel to Σ_i^+ and some $M_i \cong N_i$ as desired.

Case 2b: Σ_i^+ lies in some M_i^* . Similar.

[2a]



[2b]



Suppose now that M contains non-separating two spheres.

Let Σ_1 be a max'l system, realising $M \cong \#_j N_j$ [Question: Do we need to also cut open the $S^1 \times S^2$ factors?]

Let S be a system of r spheres so that $M - n(S)$ is conn and all spheres in $M - n(S)$ are separating.

That is:

$$M \cong \left(\#_{i=1}^r S^1 \times S^2 \right) \# \left(\#_{i=r+1}^k M_i \right)$$

We now find a sequence of disk surgeries

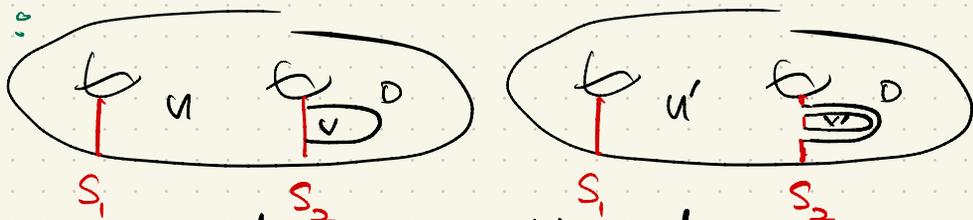
$$S \xrightarrow{D} S' \xrightarrow{D'} S'' \xrightarrow{D''} S''' \dots \rightarrow S^{(n)}$$

$$\text{So that } |S^{(p+1)} \cap \Sigma_1| < |S^{(p)} \cap \Sigma_1|$$

We deduce that $\{N_j\}$ also has r copies of $S^1 \times S^2$.

Remains to show: $M - n(S^{(p)}) \cong M - n(S^{(p+1)})$

Picture:



Must understand how cutting along Σ "commutes" with surgery along D .

Define $V \# V = M - (n(S) \cup D)$ and think. This finishes the proof of existence and uniqueness $\#$.

Question: What goes wrong in dim 4?

Answer: Well the uniqueness fails... perhaps the "slides" are more dangerous than they appear?

III Incompressible surfaces skip!

IV Heegaard splittings skip!

V PL-minimal surfaces: The Meeks-Yau proof of the sphere theorem relies on the theory of minimal surfaces in riem. 3-mfds. Here the existence results are delicate. Instead we'll use a "combinatorial" version where existence is a simple compactness argument.

Totally general set up:

We'll simplify our lives by assuming all char.

maps are embeddings.

We now produce a thm of normal maps

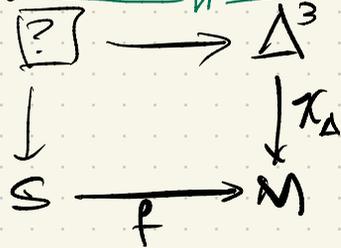
Fix K a triangulation with χ_Δ emb for all Δ

Suppose $f: S \rightarrow M$ is a map. Homotope f to be transverse to $K^{(k)}$ for all k .

Define: $wf(f) = |f^{-1}(K^{(1)})|$

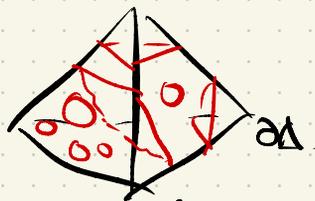
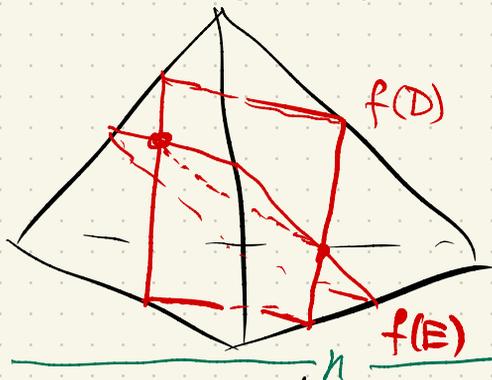
Lemma 5.1: M, K, f, S as above. After homotopy we may assume

(1) f is least weight in homotopy class.



Technical discussion. Avoid!

(2) for each tet Δ in K we have, for each component C of $f^{-1}(\partial\Delta)$, either $f(C)$ is a loop in a face or $f(C)$ is a normal curve of length ≤ 4 .



Note that after Lemma 5.1 we still do not know f is an embedding.

Question: Is there a sphere theorem in higher dimensions?

Answer: In dim $n \geq 5$, a generic map of a surface $S \rightarrow M^n$ is an embedding.

So indeed elts of $\pi_2(M)$ can be "cleaned up"

Question: No, no, we care about $\pi_{n-1}(M^n)$.

Answer: The 3-dim'l proof will not generalize.

I'll guess there is no corresponding statement.

Idea: Take N to be an $n-1$ dim'l spherical space form ($N \cong S^{n-1}/\Gamma$) and define $M = N \times S^1$ [for us, consider $P^2 \times S^1$].

Better: Set $X = S^2 \times S^2$. Show X irreducible. But $\pi_3(X)$ is non-trivial due to the Hopf map. Exercise