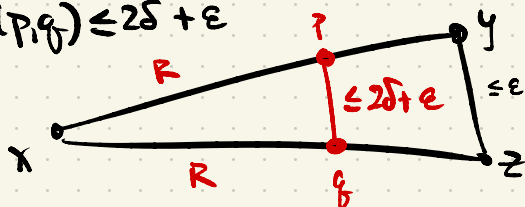


① SHARP TRIANGLES

LEMMA: SUPPOSE (X, d_X) IS δ -HYPERBOLIC. SUPPOSE $x, y, z \in X$ WITH $d_X(y, z) \leq \epsilon$. SUPPOSE $0 \leq R \leq d_X(x, y), d_X(x, z)$. LET $p \in [x, y], q \in [x, z]$ WITH $d_X(x, p) = d_X(x, q) = R$. THEN $d_X(p, q) \leq 2\delta + \epsilon$

PICTURE



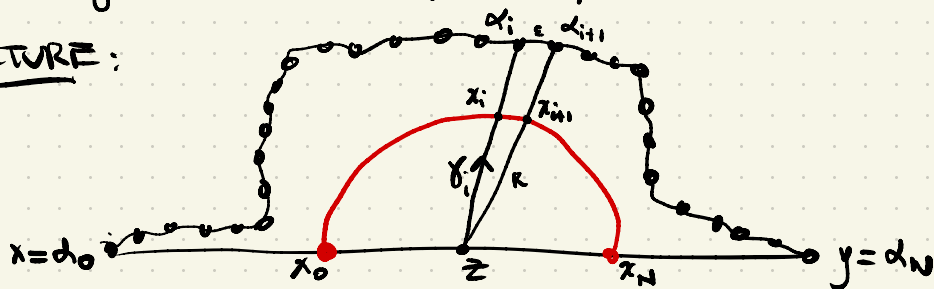
PROOF: EXERCISE □

② DIVERGENCE

PROPOSITION: SUPPOSE (X, d_X) IS δ -HYP, WITH $\delta \geq 1$. SUPPOSE $[x, y]$ IS A GEODESIC, SUPPOSE $(\alpha_i)_{i=0}^N$ IS A SEQ OF POINTS WITH $\alpha_0 = x, \alpha_N = y, d_X(\alpha_i, \alpha_{i+1}) \leq \epsilon$. FIX $z \in [x, y]$. SUPPOSE $d_X(z, \alpha_i) \geq R$ FOR ALL i . THEN $\exp(\frac{R}{\delta} - 3 \cdot \frac{\epsilon}{\delta}) \leq N$

PROOF: WE FIX GEODESICS $\delta_i = [z, \alpha_i]$, WITH $\delta_0 = [z, x]$ $\gamma_N = [z, y]$ DEFINE $x_i \in \delta_i$ BY $d_X(z, x_i) = R$.

PICTURE:

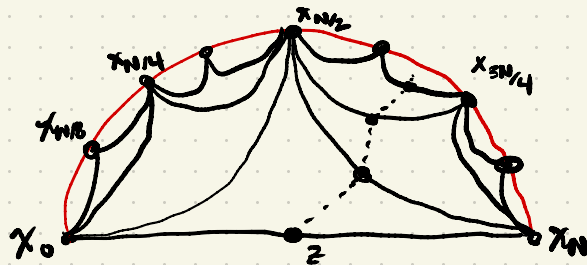


THUS, $d_X(x_i, x_{i+1}) \leq 2\delta + \epsilon$ [LEMMA]. WE DEFINE GEODESIC TRIANGLES AS FOLLOWS:

CONNECT x_0, x_N BY GEODESIC.

IF x_i, x_j CONNECTED, AND IF

$|j - i| \geq 2$ THEN



SET $R = \lfloor \frac{i+\delta}{2} \rfloor$ AND CONNECT x_i TO x_R AND x_R TO x_j
 SO THERE IS A SEQ of $\lceil \log_2(N) \rceil + 1$ GEOD ARCS of LENGTH $\leq \delta$ FROM z TO SOME $[x_i, x_{i+1}]$. SO

$$R \leq d_X(z, x_i) \leq \delta \log_2 N + \delta + 2\delta + \epsilon$$

$$\leq \delta \log_2 N + 3\delta + \epsilon$$

SO $\exp\left(\frac{R}{\delta} - 3 - \frac{\epsilon}{\delta}\right) \leq N$ □

COROLLARY: SUPPOSE (G, S) IS δ -HYPERBOLIC AND NOT VIRTUALLY CYCLIC. THEN G HAS EXP. GROWTH.

PROOF: IF $c(G) = 1$ THEN USE PROPOSITION. IF $c(G) = \infty$ THEN [EXERCISE] □

③ QUASI-GEODESICS

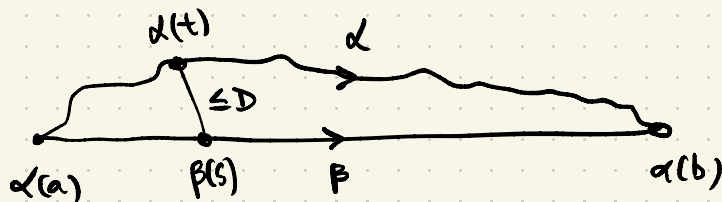
DEF: A QUASI-GEODESIC IS A QUASI-ISOMETRIC EMBEDDING OF AN INTERVAL, RAY, OR LINE (OF $\mathbb{R}$ OR OF $\mathbb{Z}$).

THEOREM [STABILITY] FOR ANY δ, λ, c THERE IS $D = D(\delta, \lambda, c)$

AS FOLLOWS. SUPPOSE X IS δ -HYP. SUPPOSE $\alpha: [a, b] \rightarrow X$ IS A (λ, c) -QUASI-GEODESIC. SUPPOSE $\beta = [\alpha(a), \alpha(b)]$ IS A GEODESIC. THEN: $\alpha \subset N_X(\beta, D)$ AND $\beta \subset N_X(\alpha, D)$.

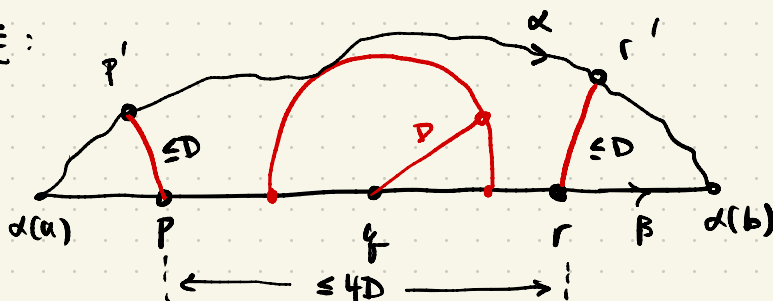
[HERE WE USE α AS SHORTHAND FOR $\alpha([a, b])$].

PICTURE:



PROOF. SUPPOSE $q \in \beta$ MAXIMISES $\{d_x(q', \alpha) \mid q' \in \beta\}$.
 SET $D = d_x(q, \alpha)$. THUS $\beta \subset N_x(\alpha, D)$. PICK $p, r \in \beta$
 SO THAT: $d_x(p, q) = d_x(q, r) = 2D$ AND $p < q < r$ ALONG β .
 [IF p OR r NOT WELL DEF, REPLACE BY $\alpha(a), \alpha(b)$ AS NEEDED]
 LET $p', r' \in \alpha$ BE CLOSEST TO p, r .

PICTURE:



SO $d_x(p', r') \leq 6D$.

FIX a', b' SO $\alpha(a') = p', \alpha(b') = r'$. SO $|b' - a'| \leq \lambda 6D + c$

CONCATENATE TO GET $\alpha' = [p, p'] * \alpha * [a', b'] * [r', r]$

TAKE THE CORNERS p, p', r', r AND INTEGER POINTS TO

GET SEQUENCE $\{\alpha'_i\}_{i=0}^N$ WITH $N \leq \lambda 6D + c + 2D + 4$, WITH
 $\alpha'_0 = p, \alpha'_N = q$, AND WITH $d_x(\alpha'_i, \alpha'_{i+1}) \leq \max\{1, \lambda + c\}$

SET $\varepsilon = \max\{1, \lambda + c\}$. BY PROPOSITION

$$\exp\left(\frac{D}{\delta} - 3 - \frac{\varepsilon}{\delta}\right) \leq (\lambda 6 + 2)D + c + 4.$$

LHS GROWS EXP'LY, RHS LINEARLY. SO D BOUNDED
 IN TERMS OF λ, c, δ .

EXERCISE. FIND D' SO $\alpha \subset N_x(\beta, D')$.

□